

CODE OF CONDUCT

OLWEUS BULLYING PREVENTION PROGRAM

The Greater Gateau School has implemented a new program known as the Olweus Bullying Prevention Program. This research-based program reduces bullying in schools. It also helps to make school a safer, more positive place where students can learn.

All Students Will Follow These Four Anti-Bullying Rules:

1. Don't Bully
2. We Help
3. We Include
4. We Tell

What Is Bullying?

Bullying is when someone repeatedly and on purpose says or does mean or hurtful things to another person who has a hard time defending himself or herself. Bullying can take many forms, such as hitting, verbal harassment, spreading false rumors, not letting someone be part of the group, and sending nasty messages on a cell phone or over the Internet.

What Can I Do If I Think My Child Is Being Bullied?

- Share your concerns with your child's teacher.
- Talk with your child.
- Try to find out more about your child's school life

What Else Can I Do If My Child Is Being Bullied?

- Focus on your child.
- Talk to your child's teacher or principal.
- Encourage your child to spend time with friendly students in his or her class.
- Help your child meet new friends outside of school.
- Teach your child safety strategies, such as how to seek help from an adult.
- Make sure your home is a safe and loving place for your child.
- Don't blame your child for the bullying. No matter what your child does, he or she does not deserve to be bullied.
- Do not tell your child to fight back. This is not likely to end the problem and could make it worse by getting your child in trouble at school.

What Can I Do If My Child Is Bullying Others?

- Make it clear to your child that you take bullying seriously and that bullying is not okay.
- Develop clear rules for your child's behavior
- Spend lots of time with your child

Greater Gatineau is a Tribes School. We follow the Tribes program, wherein the goal is to develop a positive environment that promotes human growth and learning. Throughout the year, staff members will use Tribes activities to help build a learning community. Students will learn to use specific collaborative skills and engage in positive interaction in a safe and caring environment.

TRIBES AGREEMENTS

All staff members, students and parents are asked to follow the Tribes Agreements in all aspects of school life. The four agreements are as follows: Mutual Respect, Listening, Appreciations, and Participation.

1. Mutual Respect

- Showing respect for all people.
- Showing respect for other people's belongings.
- Showing respect for the environment.
- Playing in a safe manner.
- Speaking to others in an appropriate manner.

2. Appreciations





- Encourage and compliment others (no put downs)
- Be kind and helpful to those around you.

3. Listening

- Listen to others and wait your turn before speaking.
- Make eye contact with the person who is speaking.
- Use appropriate body language.

4. Participation

- Give your best effort at all times.
- Work together in teams.
- You have the right to pass if you do not feel comfortable/safe.

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| <p><u>Participation</u></p>  <p>Right to Pass</p> | <p><u>Attentive Listening</u></p>  <p>With your eyes, your ears, and your heart</p> | <p><u>Appreciations</u></p>  <p>No Put-Downs</p> | <p><u>Mutual Respect</u></p>  <p>For yourself, for others, & for things</p> |
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CONSEQUENCES FOR NOT FOLLOWING SCHOOL RULES

- Think sheet
- Mindful Moment
- Phone call
- Meeting
- Eating in another classroom
- Time Out
- Suspension (School or bus)
- Loss of play privileges