

March is Trustworthiness Month

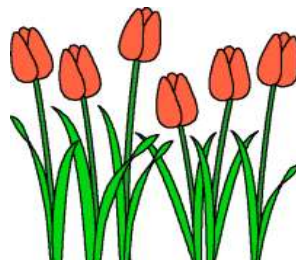


School Motto

Every student,
every day,
a success in our
community.

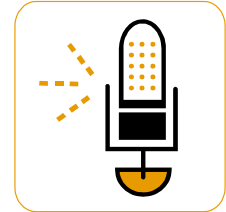
Principal's Message

We would like to thank our Home and School Committee, as well as other parents who sent in special treats throughout "Teacher/Staff" appreciation week. Your generosity and kindness was greatly appreciated.



We are now in our final phase of the school year. We ask parents to pay very close attention to the homework. The marks this term are weighed more heavily, so your extra support at home would certainly help your child or children succeed.

Our staff is always available to help you so if you have any questions or concerns, please do not hesitate to contact us at any time.



We'd like to wish everyone a wonderful March Break and are hoping that you can enjoy some active days outside during the final portion of winter.

Individual Highlights

Events at School	1
Parents Please Note	2
Monthly Assembly	2
Appreciations	3
Home & School	4
Daycare	4
Special Notes	5

MARCH BREAK

This year our March break will commence on Monday, March 4th and will end on Friday, March 8th. We hope everyone has a fabulous week.

NCC WOLF PRESENTATION

Mr. Everson and Mrs. Engelhardt's classes will be visited by NCC - Gatineau Park biologists on March 15th. They will be presenting a workshop called "A case of mistaken identity?"

Witnesses claim to have

seen and heard wolves in the Gatineau Park. Were they wolves or coyotes? Or hybrids? Do these animals make the park their home?

Join our team of detectives, and follow the clues to find out the truth. This interactive presentation will explore the differences between wolves and coyotes, and discuss recent research.



MRS. PAYNE VISITS THE GRADE 6 STUDENTS

On Friday, March 15th, at 12:50 Mrs. Payne, the principal of Hadley Junior High, will be coming to speak to our grade 6 students about life in Junior High.

She will be able to answer student's questions about the school.





TIME CHANGE

Daylight Savings Time starts on Sunday, March 10th at 2:00 a.m. So please remember to turn your clocks ahead one hour.



Events at School

CONCOURS D'ART ORATOIRE

On Monday, March 18th at 9:00 a.m. the students who have been chosen from grade 4, 5 and 6 will present their speeches in front of students, staff and parents. Our first place winner will then go on to represent our school at a board-wide competition at South Hull School on Friday, March 22nd.

DEBATE COMPETITION

Students in Cycle 3 are busy preparing for our annual debating competition. Starting at 12:50 on Tuesday, March 19th students/teams chosen from each class will compete in the gym. The "all-stars" will represent our school at the board wide competition on March 29th.

WORLD DOWN SYNDROME DAY

Please wear mismatched socks on March 21st in support of World Down Syndrome Day.



Parents Please Note

PHONE NUMBERS & HEALTH INFORMATION

We ask all parents to please make sure that they keep the office advised of any changes in their phone numbers.

It is extremely important that our files are kept up-to-date should an emergency arise.



LOST AND FOUND

We have many items in our lost and found. We also have some children who have lost items that may have gone home to different houses. Please check with your children to make sure they have not brought someone else's items home by mistake. Also check in to make sure your children have all their items. We hope to reunite some children with their items.

Please label your child's items with their name so they can be returned to the right child if they are ever misplaced.



Monthly Assembly

March is **TRUSTWORTHINESS** month. We hope to see students showing us how trustworthy they are. You can show this by doing what you say you are going to do, being responsible, and being reliable.

Please remember to wear pink, our anti-bullying colour, to all of our monthly assemblies.

Our next assembly will be on Tuesday, March 26th, 2018, where we will give

awards to students who have shown trustworthiness throughout the month of March.



Appreciations



VOLLEYBALL TOURNAMENT

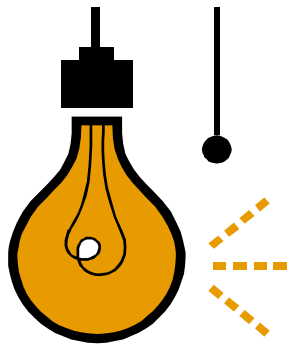
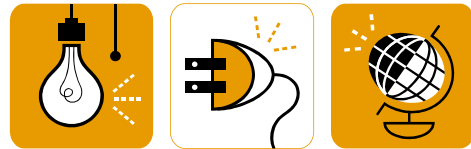
The Eastern Volleyball Tournament was held at Chelsea School on Tuesday, February 19th. Eighteen of our Cycle 3 students participated. Everyone had lots of fun, played fair and represented Greater Gatineau with pride. We are also proud of them! Way to go GGS!

TIM HORTON'S

A big thank you goes out to the Tim Horton's at 933 Maloney East for donating coffee for the staff and parents for Winter Fun Day. It was much appreciated!

COFFEE TREAT

Thank you to Mme. Durocher, a parent from our school who decided to extend staff appreciation week and donated coffee to the staff on February 21st.



For Your Attention

NATIONAL NUTRITION MONTH

March is National Nutrition Month and a great time to think about the importance of healthy eating.

Healthy eating means eating a variety of foods from 4 groups to feel good and maintain your health.

Follow these steps to help you eat healthy:

1. Eat the right types of food by following Canada's Food Guide.

Choose a variety of foods from each of the 4 food groups.

2. Eat the recommended amount of food for your age, gender, and activity level.

3. Read food labels to compare and choose healthier foods when shopping. The Nutrition Facts table and the Percent Daily Value can help you make better choices.

4. Limit foods and drinks that are high in calories, fat, sugar, and sodium.

For more useful information on food and nutrition, consult:

<http://healthycanadians.gc.ca/eating-nutrition/index-eng.php>



EARTH HOUR

Please join millions of people around the world on Saturday, March 30th, at 8:30 p.m. and turn off your lights for one hour in support of action on climate change.

Home & School

February started with a wonderful Staff Appreciation Week. Volunteers got together to offer different treats and gifts to all of our Greater Gatineau Staff. A big thank you to all the volunteers for their hard work.

The Sweet Heart dance was a great success. Thank you to those who attended and especially those who helped with the cleanup.

Our second edition of the Hot Dog lunch was also a success. We are planning on having another edition in April.

The Silent Auction is fast approaching. Email us with any lead you may have for donations.

Follow us on Facebook (Greater Gatineau Home and School) to keep up-to-date with all the information regarding our events. For questions, comments & suggestions please email us at gghomeandschool@gmail.com or reach out through our Facebook page.

The Home and School Committee would like to wish a happy March Break to all Greater Gatineau families.



Daycare

Tax slips were available for pick up at daycare as of February 11th. The remaining slips were mailed out the last week of February to all families who were unable to pick up their slip.

Our next PD day is on Friday, March 29th. A cultural grant has paid for us to have Leo Brooks from Treefrog Percussion come to teach us about drumming. We will have two workshops, Intro to

Percussion and a Djembe Workshop. Registration forms will go out after March Break and the deadline to register will be March 22nd.

Should you have any questions about our program or if you would like to receive the registration forms for our PD days, please do not hesitate to contact Jennifer by phone at (819) 643-6365 or e-mail jpaxton@wasb.qc.ca

Cyber Tip

If You Are a Victim of Cyberbullying

It is not normal to be afraid to go to school or to the park, or to leave your home. Here is what you can do to stop cyberbullying:

- Print out the web page (forum, blog, email or site) or text message where you saw the cyberbullying. You can use this as proof.
- Talk to an adult you trust (for example, a parent,

teacher, older brother or sister).

- Report the situation to Facebook, YouTube, Twitter or to the website where the cyberbullying occurred. Most of these sites have ways to deal with cyberbullying.
- Contact one of these organizations:

[Kids Help Phone](tel:1-800-668-6868) 1-800-668-6868

[Tel-Jeunes](tel:1-800-263-2266) 1-800-263-2266

Cybertip.ca

NeedHelpNow.ca

Tribes at Home

TRUST WALK

This activity is done in pairs and you take turn being blindfolded and being a leader. One person volunteers to be led with their eyes closed or blindfolded. The other member of the pair leads

the person for five minutes, taking very good care of the blind partner. After five minutes, switch roles.

TRUST CIRCLE

Make a circle with your family and friends. Have one person stand in the

middle with their eyes closed and feet planted firmly. Have the rest of the people gently push on the shoulders of the person in the middle, making sure they do not fall. The group supports the person as they rotate.



Special Notes

BUS SAFETY WINNERS

The winning classes for our bus safety campaign are:

Banner: Mrs. D-V's Grade 3/4 class

Power Point: Ms. Boersma's Kindergarten class

Video: Mr. McClelland's Grade 2 class

Also a special mention to Ms. Carey's grade 1 and to Ms. Weir's grade 2/3 classes!

We would like to thank the Chair of WQSB Alain Guy, who came to help judge the contest. Our school finalists will be sent to the Western Quebec School

Board for the board wide competition. The top three schools will win a free local trip, a \$250 value, provided by the bus companies.

WEBSITE

Don't forget to check out our school website. It is updated regularly with important information and you can see photos of our latest school activities. It is also another way to keep up to date on reminders from Mrs. Link.



KINDERGARTEN REGISTRATION

If you have not registered for kindergarten next year, or if you know anyone who has a child turning five before September 30th please make arrangements to register with Debbie Stafford by e-mailing dstafford@wqsb.qc.ca or calling the school at (819)663-4842 extension 1.



IMPORTANT UPDATES

Please don't forget to sign up for the **FREE remind app** for school (@gggr) and daycare (@ggdaycare). It is a great way to keep on top of important reminders and announcements, such as school closure or bus cancellation.

Download the app or check out our website and follow the details on how to sign up.

Special Notes

IMPORTANCE OF THIRD TERM

Now that we have begun the third and final term of the year, it's important for parents to remind their children to keep working diligently. As the third term is worth approximately half of the total mark for the year, it is a very important term. There are also end of year exams to consider in the final months as well.

Good study habits and getting the proper rest will enable all students to do their best on the final exams.



HADLEY INFORMATION SESSION

On Thursday, March 21st from 5:30 to 8 p.m., grade 6 students and their parents are invited to an "Information Evening" at Hadley Junior High School.

Due to the tornado the grade sixes will not have a chance to visit Hadley with the school this year. It is very important that you take the time to attend this information session.

GENDER AND SEXUAL DIVERSITY PRESENTATION

Grade six students will have the presentation on March 11th to replace the February

date which had to be rescheduled.

CHILD ASSAULT PREVENTION WORKSHOP FOR PARENTS

One of our community organizations, Espace Outaouais will be visiting your child's classroom in April with a focus on preventing all forms of violence. A workshop will be available for parents prior to these sessions on the evening of Tuesday, March 26th to provide information and to allow for you to work with your child to continue with the prevention of violence at home. A letter will be sent home in March with more information.